

THE  
HISTORY & MYSTERY of  
**VISION BOARDS**  
AND WHY EVERYBODY NEEDS ONE

BY RACHEL L. MOORE



your vision

mind

Transforming the Life of Your Dreams into Reality

[www.mindyourvision.com](http://www.mindyourvision.com)

# The History & Mystery of Vision Boards

## and Why Everybody Needs One

An Overview of What, Why, and How Vision Board  
are being used in attaining vision, dreams, and  
goals.

Rachel L. Moore

A Vision is a Terrible Thing to Waste™

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## The History & Mystery of Vision Boards and Why Everybody Needs One

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## **Disclaimer:**

I encourage you to make manifesting your goals a journey and not a final destination. Find your place in this world to make a difference for the greater good, and then use your blessing to bless others.

It's important to note that through knowledge, understanding, and the application of knowledge you can achieve your goals, but love, character, and integrity is what keeps you in a place of true wealth and prosperity.

Many of the principles listed within this eBook are based upon a book of wisdom that I live by. Much of our success depends upon understanding the power within us and upon staying connected to a divine source greater than ourselves; God, the creator of the universe.

“As for every person God has given riches and wealth, and enables them to enjoy their possessions, to accept their portion and be happy in their work – this is a gift from God.” (Paraphrased from Scripture Ecclesiastes 5:19)

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## About the Author

Rachel Moore is a wife, a mother, a licensed and ordained minister, an engineer, patented inventor, author speaker, liturgical dancer, and Inspirational Life-Vision Coach. Rachel received her Bachelor of Science Degree in Electrical Engineering from Tuskegee University, and works in the professional arena as a Process Controls Engineer. Not discounting her 25 years in engineering, she has the spirit of an entrepreneur coupled with a passion to see others succeed. Her motto is “faith works when you work it.”

Rachel is the CEO of Moore of Rachel, Inc. and Mind Your Vision which is dedicated to inspire students of every age to achieve whatever they dream to be, do, or have through envisioning, goal setting, planning, mind-set matters, breaking the cycle of procrastination, and more. She seeks to inform, inspire, influence, and ignite others to appropriate action towards creating an incredibly fulfilled life of passion, purpose, abundance, freedom, and success.

Since 2009, Rachel has taught family visioning, individual dream-building, and MLM Team Building techniques within seminars and workshops in the USA and abroad, sharing examples of her own success and utilizing her patented Tote-A-Vision product which is a portable vision board, to help attendees learn how to turn desires into dreams come true. Individuals, families, entrepreneurs, educators, students, and organizations have benefited from her proven success tools and techniques.

Rachel is a contributing author to the bestselling book series, Chicken Soup for the Soul – “Say Goodbye to Stress” book. As a member of the Professional Woman Network, she is a contributing author for their “Getting Well: Mind, Body, & Spirit” book. Rachel is the author of “Rivers of Praise Worship through Movement,” a comprehensive guide to worship and “Tote-a-Vision to Financial Freedom” a workbook guide to a financial freedom journey. Her most recent focus is the launch of her

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training programs “Manifest More of My Dreams” and Makeover Me for More Money.”

Rachel is the manager mom and business manager of her son’s business “Creators Imagine” at [creatorsimagine.com](http://creatorsimagine.com) – “we create what you imagine” is their mission, where they produce high quality, creative multi-media content in video, digital animation, graphics design, photo enhancements and more.

“Faith Works When You Work It.” – Rachel Moore  
Inspirational Life Vision Coach

# INTRODUCTION:

**Tote-a-Vision is “a portable vision board displaying your vision, goals, dreams and aspirations.”**

Since this may be the first book that you’ve read of mine, I want to introduce myself and give a brief overview about some of my experiences in using the Tote-a-Vision both as a personal and family goal setting tool. A vision board or dream board simply displays images or words representing things and experiences you desire in your life.

As a mother of four sons I enjoy living my life as a model for them to follow. Since teaching them principles and methods for success is important to me, I decided to teach them how to create their own dream – vision board. During my preparation time I was inspired with the portable vision board idea, because I wanted everyone in our family to have their own as well as have the ability to carry it around with them. The night came for us to create our vision boards. The boys were super-charged while cutting and pasting until I told them it was bed time. A few days later, I presented my sons with a challenge. I asked them make a list all of their skills within their Tote-a-Vision journals. I committed to match any dollar amount they earned using their skills during two weeks of my challenge. Well, lo and behold, within a week following that night of creativity and “Mommy promise”, an opportunity presented itself for my sons to use their film production skills. They became the video and production crew for a public event.

Through that one production venture including my dollar match, they earned enough cash to purchase one of the big items on their vision board. Immediately following, they asked me if they could order the Guitar Hero system for their Wii gaming system. I agreed to their plans. Once the system arrived at our home, one of my sons pointed out that they had a picture of Guitar Hero on their Tote-a-Vision board. We all were excited to see how things were beginning to manifest in our lives so quickly. I explained



the principle of faith and the law of attraction to my boys. The vision board displayed in visual form what they wanted. When they began to envision themselves playing the Guitar Hero system, the production venture opportunity was attracted to them. By faith, they believed to receive what they wanted. Then it was left up to us to take action so the boys could earn the cash; before they knew it, exactly what they desired had manifested.

I hope this story sticks in your mind, because I shared it to make a statement. The process of visualization that incorporates vision boards or dream boards works for all practical purposes whether big or small. Whatever you desire to attract in your life is possible. Manifesting your vision, dreams, and goals are possible! It starts with a strong desire and a clear mental image in your mind. You begin to believe to receive. Spiritual laws will be activated to operate in your favor; then situations, circumstances, and opportunities will begin to occur to position you in the path of what you are longing to receive.

It's up to you to take each step as you're lead down paths of fulfillment. Don't be misguided by appearances because some situations may not appear to be a blessing. But as you work through the process things will unfold. Within my audio training program – **“Manifest More of My Dreams”** you will discover the methodology behind the manifestations. Anyone can create a vision board, set it, and forget it. But, if you want those things visually represented on your board to become a reality, there are key things that you need to be doing. Find out what and how to accelerate your results in [“Manifest More of My Dreams”](http://www.mooreofrachel.com) at [www.mooreofrachel.com](http://www.mooreofrachel.com). I celebrate your success because you have what it takes to win.

"We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something and that this thing must be attained." –  
Marie Curie, 1867–1934, Physicist

# The History of Vision Boards

## What is a Vision Board?

First of all, let's define the term vision. A "vision" is futuristic and has not yet happened. Mental images and thoughts can create vision of things desired. Hence, a vision board tells a visual story of where a person desires to go, wants to achieve, or hopes to attain.

A vision board is a collage of images and power words placed on some type of board that represents one's hopes and dreams for their life. It is a collection of words, phrases, images, and pictures that affirm your vision of specific desires, goals, or dreams. A vision board is also known as a dream board, faith board, treasure map, creative collage, and a life vision map.

A vision board is typically a poster board on which you paste and collage images that you've cut out from various magazines.

The concept behind the visual representation is that when you surround yourself with images of who you want to be, what you want to do, and what you want to have in your life, your life begins to change to match those images that reflect your desires.

It provides a visual daily reminder of your dreams, your goals, and of you want to achieve in your life. Each time you reflect on your vision board, it encourages you to not quit when doubt or discouragement arises. It stirs up hope while the vision carries.

Write your vision and make it plain. It's always important to first write down your vision, goals, and dreams. Then the next step is to create your vision in 3-D and make it tangible. The vision board becomes personal art work of your dreams. When we visualize our dreams, we can realize our dreams. My family and I along with many others are using the [Tote-a-Vision](#) to create our vision board. The [Tote-a-Vision](#) is a portable vision board. The tote-a-visions gives one the ability to carry their vision boards

(up to five at a time) around with them. You chose which vision board to be the cover of the day.

Your vision board can be General and represent all areas of your life or it can have a Specific Theme where your life goals are separated onto different vision boards. Personally, I have several of both. Some of my specific theme Tote-a-Vision boards are health and fitness, business success, travel, family, etc. I even made one about my Tote-a-Vision project vision and goals. Here's what happen after I created it.

### **An Inspiring Story about My Project Specific Vision Board**

Within weeks of having the witty idea to invent a portable vision board tool, I made a vision board specifically for this project. I went through a envisioning process for about 20 minutes and walked through each step of what I desired to happen with my invention. I was amazed to see how my idea grew into multiple products. I saw in my mind's eye Tote-a-Vision kits for individuals, for couples, for students, etc. I saw store shelves lined with the kits.

After that experience, I decided to create a Tote-a-Vision board specifically for my invention and paste images of everything that I saw or desired to happen. I even placed a specific date that I wanted my invention to go into patent pending status (September 28, 2009) at the United States Patent and Trademark Office. It happened! That exact date is my patent application filing date.

When I started the patent process, I knew that I would need a certain amount of money. Once I made a decision to move forward, with a week I had two people who contacted me about wanting to patent their invention. Those two people became my clients and I had the money that I needed to pay my patent application fees.

In October of 2009, I met a gentleman at one of our writer's meetings. I shared my Tote-a-Vision with everyone. Two days later, he called me and stated that he had been wanting to call me because he had a dream the same night that we had met. He dreamed I was doing an infomercial..... He said if you don't already have infomercial on your vision board, you need to add it. So I did!

People keep coming into my life to assist me on this new journey. One of my dreams or visions is to inspire as many people as possible to be, do, and have more in their lives; to assist them in turning their vision, dreams and goals inside out, into reality. And it is now happening on many different levels for many different people who are using my products and training materials.

### **Advantages of Using the Tote-a-Vision as Your Vision Board:**

- 👤 It is portable and easy to carry your vision boards with you
- 👤 Provides Protection for boards inside clear protects your dream board
- 👤 Carry with you and reflect on your vision daily
- 👤 Fits comfortably around the traditional composition notebook as a book cover. Now you have a place to journal and write down your vision, dreams, and goals.
- 👤 Track goals, ideas, milestones, achievements inside of journal
- 👤 Easy to interchange your different vision boards
- 👤 The Vinyl Tote-a-Vision sleeve can also be laid flat for easy placement on a desk, on a wall, on a bulletin board, on the refrigerator, or in a luggage when traveling.

## When Did Vision Board Craze Begin?

Within a documentary named [The Secret](#), John Assaraf shared his story of manifesting his mansion dream home by using vision boards. The vision board concept was then popularized. Many of us, however, have been doing them for years.

[Wikipedia](#) provides a nice summary about The Secret as follows:

“The Secret is a 2006 film produced by Prime Time Productions consisting of a series of interviews designed to demonstrate everything one wants or needs can be satisfied by believing in an outcome, repeatedly thinking about it, and maintaining positive emotional states to "attract" the desired outcome.

The censored version of the film and the subsequent publication of the book of the same name attracted interest from media figures such as Oprah Winfrey, Ellen DeGeneres, and Larry King as well as criticism from the mainstream press.”



## A few famous people who feature vision boards

Oprah Winfrey dedicated an entire show to vision boards.



### Oprah talks “What it mean to dream” with Steve Harvey

Steve Harvey share with Oprah what his big dreams are and what’ on his vision board.

<https://www.youtube.com/watch?v=pJNed-owcP8>

Steve says, the road to success is always under construction and that you must have tunnel vision to reach your goals. Get ready for flexibility, because there will be pitfalls, detours, stop signs, and delays along your journey.



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## Larry King Interview Oprah about The Secret

[https://www.youtube.com/watch?v=16l\\_TSDwbmU](https://www.youtube.com/watch?v=16l_TSDwbmU)

The way you think does affect what happens in your life.

I have learned that our thoughts are can change us. Our thoughts will control our emotions and our actions. Our attitude and actions will determine our results. What is it that you want? It all starts with a thought.....

**It all starts with a thought...**

- Thoughts can produce images
- Images and pictures affect your emotions
- Emotions affect your response & actions
- Your actions will reflect your beliefs
- What you believe to be true will eventually become your reality

# Why Everyone needs a Vision Board

Everybody needs vision boards that reflect your desires to help solidify the belief that your vision, dreams and goals are possible. If you don't believe that IT's possible, then it probably is impossible for you. vision board can become a great visual goal setting tool. It can be a constant reminder of what you want to be, to do, and to have in life. The typical categories that define our lives are...

- 🧠 Personal Growth (spiritual, emotional, mental)
- 🧠 Relationships (spouse, children, family, friends, etc.)
- 🧠 Health & Wellness
- 🧠 Work / Career / Business / Financial / Academic
- 🧠 Home / Life Style
- 🧠 Ministry & Missions
- 🧠 Special Projects or Areas of Interest
- 🧠 FUN, Rest and Relaxation

Visualize your desires. It starts with having a vision within your minds-eye of what you want. Use your imagination to visualize your desires to be true.

My acronym for **VISION** is:

**V**ibrant

**I**mages

**S**ignifying

**I**deal

**O**pportunities

**N**ow



Bright vibrant images that reflect your desires signify ideal opportunities that you should take advantage of now. There is always something that you can be doing to work towards your goals right now. Look for opportunities and expect new ones to unfold in your life.

## **My First Family Experience with Vision Boards**

January 2, 2010 set the foundation for our Annual Family Visioning moments. Together as a family I had my four sons help me create our “Family Focus 2010” Tote-a-Vision board. This vision board represented all of the fun activities we would do together in this year, which actually helped us to put our family goals into visual form. We were able to stay focused on our goals because we referred back to it throughout the year. Some were educational goals and some was just for pure fun.

Our plan was to have at least one family activity a month. I had the boys call out activities they wanted to do as a family in 2010. My oldest son was responsible for writing the activities down in a list format. Their last assignment was to search for pictures and images that represented the activities they had on the list. After finding and cutting out the images, my task was to lay them out and paste them on the Tote-a-Vision white board.

One of the educational images on the vision board was the Tech Fair Robot. Three of my sons who were old enough to participate in the Bibb County Technology Fair all were working on their Digital Animations projects and their goal was to all win at the Tech Fair. Another image placed on the board was of Mickey Mouse at the Disneyland Castle, which represented at least one of them winning 1st place in the International Student Media Festival which was scheduled to occur in California.

After establishing clear goals as a family, here’s what happened this year. All three of my son’s projects, won in the Bibb County Tech Fair. Jamicah won 1st place. Jonathan won 2nd place and Jeremy won 3rd. We were all very excited about the results.

Now they all had a chance for their projects to win at the international level.

The other educational activity shown on our board was the “Phoenix International Christian Film Festival.” I wanted to expose the boys to the happenings within the Christian Film industry. I knew that it would be a huge financial sacrifice to fly our entire family of six to Phoenix Arizona, but my heart was set and we placed it as a goal on our family vision board. To prepare for the Festival, my family submitted three different films; a short film, a film trailer, and a product AD.

We were notified that Jamicah received a nomination for Best Youth Producer for his short film “Honesty” and that my Tote-a-Vision AD was selected to view on the Big Screen during the film screening sessions. All of the excitement and anticipation made us really look forward to the Festival. The airplane image on our board represented the boys’ very first major airplane ride. I had them to imagine being on the airplane flying to Arizona.

Our trip to Arizona was more than what we expected. We had five days of knowledge packed classes. The boys stayed intrigued the entire trip. We took classes on script writing, video editing, digital music production, improv acting, show production, show hosting, marketing, and so much more. While in Arizona, we also had the opportunity to visit one of the Seven Wonders of the World, the Grand Canyon. It was massive and so beautiful. Together as a family we walked the trail that displayed the different types of rocks and the age of each layer within the Canyon. We also had a family picnic during our stay at the resort. Right in front of our condo was a picnic table, grill and cabana. The family picnic was another image that we had on our family vision board. How cool is that!

To help close out the year with a big bang, we were notified that Jonathan’s Tech Fair Digital Animation project had won 1st place in the International Student Media Festival. Rutland Middle School along with family and friends made financial contributions towards Jonathan’s trip to Anaheim California in October. The festival planned a special Educational Student behind the Scenes

Animation Series for the students at Disneyland. I had the privilege to take the trip with Jonathan to California. I was very thankful for the one-on-one time with my oldest son who is now a sophomore in college. Jamicah and his twin brother, Jeremy are juniors in high school, and Joshua who was in kindergarten at that time is now in the fifth grade.

In November 2010 we reflected on our family goals shown on the Tote-a-Vision board, over 98% of the activities had taken place. We had a blast working on and towards our goals that year as a family and the hard work, focus, and collaboration really paid off!!! We continue to get similar results each year for our individual and family goals.

Visioning or Dream Building with Tote-a-Vision is an activity that can be adopted by other families or even schools to assist the students in setting and reaching academic, life, or extracurricular goals. For more information about Tote-a-Vision products, visit [www.mindyourvision.com](http://www.mindyourvision.com). Get started now! Introduce your family, students, or team to vision boards and creative goal setting with Tote-a-Vision.

## Different Types of Vision Boards

**Traditional Vision Board** – usually a large white poster board or cork board with a collage of images and words that represent your desires.

**Pros** – more space to create

**Cons** – large, bulky, and not portable

**Electronic Vision Board** – An electronic vision board is a collection of images that represent your desired future in an online digital format.

**Pros** – Takes less time to create than the traditional vision board. You can take them with you wherever you go on your electronic device. You can make as many versions you want for as many goals as you want!

**Cons** – lose the natural connection of creativity when not using hand eye coordination with scissors. To avoid lack of interaction during the vision board development, this method is not recommended as a family activity with children

**Portable Vision Board (Tote-a-Vision)**— Portable and Easy to carry your a visual representation of your vision, dreams, and goals every where you go.

**Pros** – The Tote-a-Vision instructions includes a systematic approach to creating your vision board that stimulates the creative hemisphere of your mind which enlightens you to new possibilities. Easy to turn your creating activity into a party with family or friends. Diverse and portable where you can take them with you wherever you go

**Cons** – takes time to create with magazines, scissors and glue

## **Benefits of the Tote-a-Vision – Portable Vision Board**

Portable and Easy to carry your a visual representation of your vision, dreams, and goals every where you go. Up to three vision boards can fit comfortably within the body pocket at one time.

Provides protection for your custom sized dream boards inside clear vinyl protective sleeve

Can display flat on your desk, bulletin, or refrigerator for as an inspiration to you and others who want you to succeed.

Vinyl sleeve fits comfortably around a traditional composition notebook as a book cover. Now you have a place to journal and write down your vision, dreams, and goals. Your vision board

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becomes the cover of your journal. Track goals, ideas, milestones, achievements inside of journal

Easy to interchange your different vision boards

Your Tote-a-Vision becomes Your Personal Inspirational Guide to Life

## How to make a portable vision board

Purchase a [Tote-a-Vision](#) and follow the simple step listed on the How-to Diagram. Take advantage of our new bulk order offer of ten Tote-a-Vision sleeves for one low price. Two custom sized white poster boards are included with each sleeve.



Get started with your Tote-a-Vision experience now. For only \$20 you get your Tote-a-Vision (without journal) vinyl protector for your portable vision board, two cut to size white poster boards, and a how to guide.

## **Affirmations and Declarations – Influence Your Thoughts.**

As stated on Wiktionary.org, affirmation is “a declaration that something is true; an oath. It is a form of self–forced meditation or repetition forming autosuggestion.” Webster dictionary also states that “an affirmation is a positive assertion.”

Speaking those things that are not as though they were is an act of faith.

Studies show that you’re more likely to obtain a goal if you have someone doing it with you. The reason it works is because you hold each other accountable.

# Preparing to Create

**What is it I want right now that will improve my life?**

**Is it...**

- Great health and fitness
- Happy connected family
- Abundant cash flow
- Financial freedom wealth
- Dream relationship
- Dream home
- Dream job or career
- New business venture with greater cash flow potential
- Get out of debt and into financial freedom
- Make a difference in the live of others
- O t h e r

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**My Personal Goals as I Know them right Now:**

**D a t e** \_\_\_\_\_

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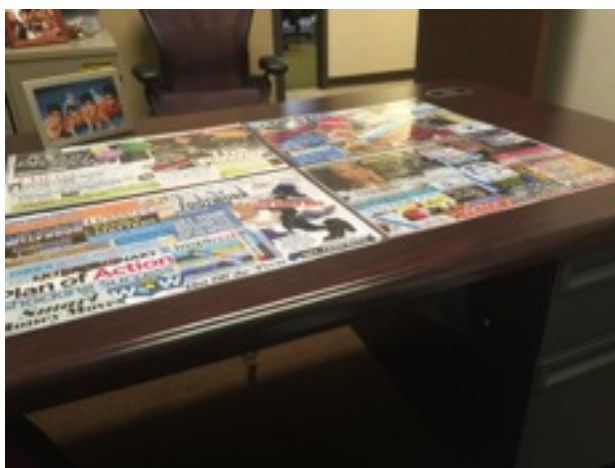




**Picture IT:** (It's time to have a Party!) **Have a Tote-a-Vision Board Party**” to make this a fun event, gather with some friends.

If you choose not to have a group event, choose at least one other person to create your Tote-a-Vision board with. Having another person involved is an essential piece to holding you accountable to following through on your goals. The lack of accountability is the reason for many people not finishing what they start.

1. Now it's time for the fun part, search for images, pictures, word art and power words that reflect and represent the desires that you wrote down.



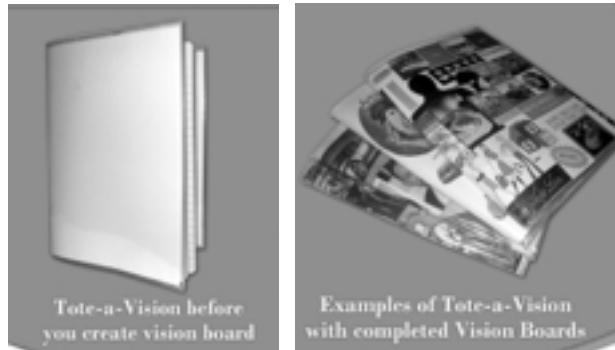
2. Lay out several different types of magazines around you, such as Business or Money Magazines, Travel Magazines, Home and Garden, Family Magazines, etc.



3. Cut and paste the items onto the white board provided with this Tote-a-Vision workbook. Fill in as much white space as possible with your images and power words.

4. Your completed Tote-a-Vision board will become your

daily inspiration. Visit [www.mindyourvision.com](http://www.mindyourvision.com) for examples of Tote-a-Vision boards.



### **Tote IT:**

- Insert your completed vision board into the large clear vinyl pocket of the Tote-a-Vision sleeve.
- Place a composition notebook inside the sleeve of the Tote-a-Vision. Now you're ready to tote your vision everywhere you go, to keep you focused on your goals. Or you may choose to display it flat as the examples shown below.

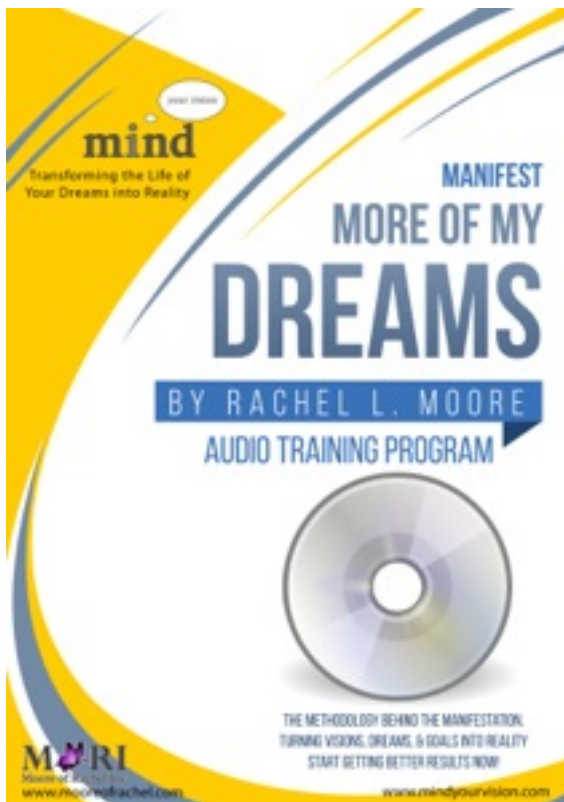
Have you completed or at least started your Tote-a-Vision Board? This step is very important before you proceed.

Your Tote-a- Vision board is complete. **Now What?**

# Get IT to Flow

Start experiences everyday miracles as you witness your vision, dreams, and goals become reality. Learn the methodology behind the manifestation in the Manifest More of My Dreams and accelerate your results. Check out my audio training program from the link below.

[“Manifest More of My Dreams”](#)



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## How to Host a Tote-a-Vision Board Party

**“A Tote-a-Vision is a portable vision board displaying your goals.”**

### Turn Goal Setting Into a FUN Activity!

Tell your family, friends, co-workers, etc. that you're planning a Tote-a-Vision board party. Invite them to join in on the FUN! Communicate that the purpose of the party is to inspire them to make their hopes and dreams come true. Let them know they will do this by creating a Tote-a-Vision board that represents what they want.

Ask everyone to purchase a Tote-a-Vision kit (with workbook) and bring it with them to the party.

### Planning Your Tote-a-Vision Board Party:

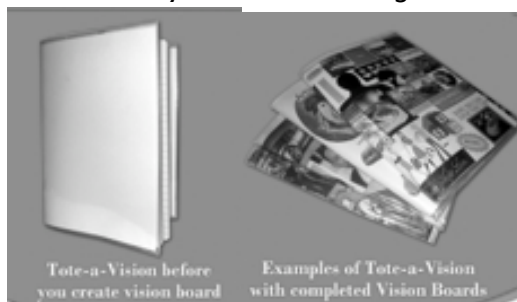
#### **Preparation:**

Create your guest list. Choose a date and time for your party. Two weeks prior to the party, send invitations electronically or through snail mail. Include supply list of items to bring. (Supplies: Tote-a-Vision, scissors, glue stick, favorite magazines.) Make sure there is good lighting with open space at your party so your guests can spread out with their magazines.

Decide on refreshments: figure out foods and beverages (you provide or ask guest to bring a dish)

Order Tote-a-Vision Goal Setting kit (Take pre-orders from everyone or ask them to order their own and bring them to your scheduled event)

Remind everyone about the Big Event. Get people excited!



## It's party time:

- Share your purpose for the party. It's a Visual Treasure Hunt. We will think BIG, visualize, define our GOALS and start taking ACTION towards achieving our goals.
- Introductions – Ask each person to state their name and what they would like to accomplish with their Tote-a-Vision board. For example: “My name is, and I desire time and financial freedom for me and my family, less stress, better health and fitness, to become a published author, travel...”
- Encourage everyone to be creative and think outside-the-box as they browse through magazines or on the internet for images and power words.
- Think about what you want in any area of your life. Your vision board can be general and represent elements of all areas of your life, or it can represent a specific area of your life. To create multiple Tote-a-Vision boards, a Refill Pack is available online at [www.mindyourvision.com](http://www.mindyourvision.com) or take advantage of the bulk order of ten for one low price.
- You want to find pictures that appeal to the desires hidden deep within yourself. Allow your imagination to soar. Allow your creativity to flow. Look for words that stand out and speak your mind, like LOVE, MAKING A DIFFERENCE, TRAVEL, DEBT FREE, FINANCIAL FREEDOM, HAPPINESS, FAMILY, ABUNDANCE, FUN, etc.
- Tote-a- Vision board samples are within the Gallery on [www.mindyourvision.com/portfolio](http://www.mindyourvision.com/portfolio) website.
- Begin cutting and pasting
- Share Your Dreams Masterpiece Segment
  - As host, you must be the time keeper. Leave enough time for the “share your dreams” segment of the party. Even if everyone hasn't finished creating their Tote-a-Vision board, ask them to find a good stopping point so each person can share and briefly explain their board to everyone else.

- The **Sharing Your Dreams** segment is powerful because you feed off each other's energy and become even more inspired. Don't be surprised if you see emotional connections take place when individuals find themselves with similar goals and desire to team up as accountability partners. If this dynamic occurs encourage it because we all need someone to hold us accountable in reaching our goals. Sharing our desires with others can be an extremely powerful and fulfilling process; one that can propel us into bringing our dreams and visions into reality.
- Take a group photo with everyone holding their completed or work in progress vision boards. Share your experience with us at Mind Your Vision.
- Take pictures of each person's Tote-a-Vision boards - post copies at [www.mindyourvision.com](http://www.mindyourvision.com)
- Get together in 30 days, 60 days, 90 days to share success stories.

### Examples of Completed Tote-a-Vision boards:





## **Affirmations to cut out for personal use:**

“I am whole, perfect, strong, powerful, loving, harmonious, and happy.” The Master Key System by Charles Hanel

I am a money magnet.

I am a powerful and savvy business person.

My thoughts, my words, and my actions are consistent and in alignment with my desires.

I can be whatever I will to be.

I have the ability to create wealth in my life.

Everything that set my mind to do is done with excellence and prospers.

“Faith is the Ability to Work Your Plan Even When Your Plan is Incomplete – Adjust as You Go. Plan Your Work and Work Your Plan” – Rachel Moore  
Inspirational Life Vision Coach





